

Course: Child Studies

Task Number: 1
Task Weighting: 40%
Due Date: Monday 8/4/19 (Week 11 Term 1 Period 1)

Unit 1: Preparing for parenthood

Syllabus Outcomes:

- 2.2 evaluates strategies that promote the growth and development of children
- 3.3 analyses the interrelated factors that contribute to creating a supportive environment for optimal child development and wellbeing
- 4.2 analyses and compares information from a variety of sources to develop an understanding of child growth and development

Task:

Evaluate the preparation required to be an effective parent by addressing:

- The best life stage to become a parent (this has been done for you in the scaffold)
- Physical changes of pregnancy
- Nutritional needs of expectant mothers
- Drugs, alcohol and tobacco during pregnancy
- Emotional changes during pregnancy
- Accessing formal and informal support networks for expectant parents
- Financial preparations when expecting a baby

10 marks

(Evaluate: Make a judgement based on criteria; determine the value of)

Standards & Criteria for Success

A successful result will have:

- sketched each dot point.
- given an example for each dot point
- applied a judgement to each dot point
- given a reason(s) for the judgement applied to each dot point.

Reminders:

- *Be prepared, be on time and be organised.*
- *Speak to your teacher if you have any questions about this task.*
- *Students who copy or plagiarise from texts, other students or the internet will receive zero marks*
- *If you are absent on the due date, you must bring your completed task on the FIRST day you return to school.*
- *Students who submit tasks late will lose 10% per school day. At 50%, students will receive zero marks.*
- *Students who fail to complete the task will receive an N determination warning.*

Scaffold

The following is a scaffold you can use to help you set out the task.

Introduction

Preparation is necessary to be an effective parent. This preparation includes; the best life stage to become a parent, physical changes of pregnancy, nutritional needs of expectant mothers, drugs, alcohol and tobacco during pregnancy, emotional changes during pregnancy, accessing formal and informal support networks for expectant parents and financial preparations when expecting a baby. The value of these preparations in becoming an effective parent is:

Body

- **The best life stage to become a parent:** This is when you figure out when it is the best time to become a parent for both you and your child_(outline what a person needs to consider). For example having a child when you are a teenager will be difficult because you may not be emotionally, physically and financially ready to support a child. If you are too old, you may not be physically able to have a healthy child. Having a baby in your late 20's may be best because you are more mature, reproductively healthy and financially secure. (provide a detailed example that demonstrates this point). Considering the the best life stage to become a parent is powerful in helping you to be an effective parent (use a word that applies a judgement eg effective/good/ powerful or limited/poor etc) because you will be having a baby when you are more likely to be financially secure, in a stable relationship, emotionally ready, socially ready and are reproductively in your prime. (give a reason why you have applied this judgement in relation to being an effective parent).

The first dot point has been done for you to help you with the remaining dot points.

- **Physical changes of pregnancy**....._(outline what a person needs to consider).
..... (provide a detailed example that demonstrates this point).
(use a word that applies a judgement eg effective/good/ powerful or limited/poor etc) because
..... (give a reason why you have applied this judgement in relation to being an effective parent).
- **Nutritional needs of expectant mothers**....._(outline what a person needs to consider).
..... (provide a detailed example that demonstrates this point).
..... (use a word that applies a judgement eg effective/good/ powerful or limited/poor etc) because
..... (give a reason why you have applied this judgement in relation to being an effective parent).
- **Drugs, alcohol and tobacco during pregnancy**....._(outline what a person needs to consider).
..... (provide a detailed example that demonstrates this point).
..... (use a word that applies a judgement eg effective/good/ powerful or limited/poor etc) because
..... (give a reason why you have applied this judgement in relation to being an effective parent).
- **Emotional changes during pregnancy**....._(outline what a person needs to consider).
..... (provide a detailed example that demonstrates this point).
..... (use a word that applies a judgement eg effective/good/ powerful or limited/poor etc) because
..... (give a reason why you have applied this judgement in relation to being an effective parent).
- **Accessing formal and informal support networks for expectant parents**....._(outline what a person needs to consider).
..... (provide a detailed example that demonstrates this point).
..... (use a word that applies a judgement eg effective/good/ powerful or limited/poor etc) because
..... (give a reason why you have applied this judgement in relation to being an effective parent).
- **Financial preparations when expecting a baby**....._(outline what a person needs to consider).
..... (provide a detailed example that demonstrates this point).
..... (use a word that applies a judgement eg effective/good/ powerful or limited/poor etc) because
..... (give a reason why you have applied this judgement in relation to being an effective parent).

Marking Criteria

Criteria	Marks
<ul style="list-style-type: none"> • Displays thorough knowledge and understanding about the preparation required to be an effective parent • Sketches a strategy for each area dot point (the best life stage to become a parent, physical changes of pregnancy, nutritional needs of expectant mothers, drugs, alcohol and tobacco during pregnancy, emotional changes during pregnancy, accessing formal and informal support networks for expectant parents and financial preparations when expecting a baby) • Gives a judgement for each dot point • Gives reasons for the judgement given for each dot point. 	10
<ul style="list-style-type: none"> • Displays excellent knowledge and understanding about the preparation required to be an effective parent. • Sketches a strategy for most dot points (the best life stage to become a parent, physical changes of pregnancy, nutritional needs of expectant mothers, drugs, alcohol and tobacco during pregnancy, emotional changes during pregnancy, accessing formal and informal support networks for expectant parents and financial preparations when expecting a baby) • Gives a judgement most dot points • Gives reasons for the judgement given for most dot points addressed. 	8-9
<ul style="list-style-type: none"> • Displays good knowledge and understanding about the preparation required to be an effective parent. • Sketches a strategy for some dot points (the best life stage to become a parent, physical changes of pregnancy, nutritional needs of expectant mothers, drugs, alcohol and tobacco during pregnancy, emotional changes during pregnancy, accessing formal and informal support networks for expectant parents and financial preparations when expecting a baby) • Gives a judgement for some dot points • Gives some reasons for the judgement given for some dot points. 	6-7
<ul style="list-style-type: none"> • Displays some knowledge and understanding about the preparation required to be an effective parent. • Describes some dot points 	4-5
<ul style="list-style-type: none"> • Displays some knowledge and understanding about the preparation required to be an effective parent. • Outlines some dot points 	2-3
<ul style="list-style-type: none"> • Displays limited knowledge and understanding about the preparation required to be an effective parent. • Identifies a/some dot point(s) 	1